

SHIRLEY GYMNASTICS CLUB

www.shirleygymnasticsclub.co.uk

Monks Hill Sports Centre, Farnborough Avenue, Selsdon. South Croydon CR2 8HD



Summer Holiday Cheerleading Camp 22nd – 26th August 2011

The Pom Poms are back !!!!!

Dear members, as mentioned in our recent newsletter the club is planning to run a summer cheerleading camp at the Monks Hill Sports Centre for 1 week commencing Monday 22nd August through till Friday 26th August, this time from 10am till 2pm.

Those who attended the camp last year had a fantastic time, so we expect demand this year to be even bigger. No doubt many of you would have seen them perform the routine they learnt during the summer session at our gala in March.

Cheerleading is fast becoming one of the most active sports in the UK, and comes under the banner of British Gymnastics, who clearly believe there is a big gap in the market for gymnasts to explore.

As per last year, the camp will be run by Danielle Perry and Charlotte Hoy Priest, both qualified coaches in cheerleading and cheer stunts. Charlotte, as many of you know is responsible for the choreography of the squad routines that are performed on the UK gymnastics festival circuit, and choreographed the Sapphire squad routine who were awarded best overall display at the British Ministrada in Liverpool last November. Danielle, a former coach and Sapphire Squad member at our club, is a 2nd year sports studies student at Southampton University. She is also a member of the victorious Southampton Vixens University Cheerleading team who this year were crowned regional champions, British University Champions, and national level 4 champions, Danielle assumes the role of head coach for the university next year.. Both are excellently qualified to deliver an engaging and enjoyable workshop which will conclude with a demonstration to parents/guardians on Friday 26th August.

The course cost is only **£50.00**. (cash or cheques payable to Shirley Gymnastics Club) for the 5 days (20 hours) so I think you will agree this represents incredible value for money.

Who can apply? Anyone over the age of 5. Once we receive the application and payments we can decide how to structure the workshop to ensure it delivers to the maximum benefit of those participating. The course will cater for every age and ability.

Participants should arrive for the session in either a leotard or fitted clothing. **They will also need to wear training shoes with a clear sole.** Please avoid plimsolls if possible. Participants will need to bring along a snack to eat and plenty to drink.

If you wish to enrol you child on the workshop please complete the application below and return in an envelope marked "Shirley Gymnastics Club Cheerleading" no later than the **23rd July**. Alternatively post your application and payment to the address on the slip below.

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Name _____.

D.O.B _____.

Current gymnastics class/sessions _____.

I enclose my payment for £50.00 in cash/cheque payable to Shirley Gymnastics Club.

After 23rd July, please post applications to 44 Ballards Way, South Croydon, Surrey CR2 7JL